

Opioids, Alcohol and Other Drugs in Primary Care: What Can We Do?

Opioid dependence is a public health epidemic. The number of opioid overdose deaths hit an all-time high in 2014. This includes both prescription pain medications and heroin. Currently one person dies in the US from an opioid overdose every 20 minutes. While there are effective treatment options, these are too often not available to patients when and where they need them. Primary Care providers are on the front lines and in a position to change this. However, we know that physicians do not feel prepared to address these issues and often feel frustrated.

This course seeks to improve knowledge, attitudes and confidence around treating patients with substance use disorders. The course will use lectures, case discussion, workshops and patient narratives. Topics will include the neurobiological basis of substance use disorders, current trends and research in the field, updates on marijuana and benzodiazepine dependence, as well as detailed looks into alcohol and opioid use disorders. We will learn about the evidence based and FDA approved medication options for alcohol and opioid use disorders that can be prescribed safely in a primary care setting. Course experts include leading clinicians, researchers, policy and public health officials in the field of addiction medicine. Teaching methods include lectures, case presentation, panel discussion, patient panel, and question and answer with faculty.

Optional ASAM Buprenorphine Training Saturday, May 13

On Saturday at this same location, the American Society of Addiction Medicine will offer a complimentary Buprenorphine Waiver Training course for providers interested in seeking their waiver to prescribe buprenorphine in office-based treatment of opioid use disorders. The course is split into an online portion and the in-person portion. Attendees are expected to complete the online portion of the course before attending the in-person training. **To enroll in this free course, email pcsscource@asam.org or contact the Virginia Mason CME department for details.**

TARGET AUDIENCE: This course is appropriate for physicians and advanced practice providers in general practice, internal medicine and family care.

OBJECTIVES: At the conclusion of this activity, participants should be able to:

- Recommend new strategies and treatments for opioid dependent patients
- Consider how fear of stigma affects patients with substance dependencies
- Review epidemiology and screening tools
- Cite current evidence on chronic benzodiazepine use and utilize tools in discussions with patients
- Recognize what opioid use disorders look like in primary care
- Identify and decrease barriers to offering treatment
- Summarize pain management approaches and plan strategies for discussing options with patients
- Describe current projects and initiatives in Seattle and Washington State
- Evaluate current questions and expert opinions around marijuana use
- Integrate SBIRT skills into practice
- Construct and apply skills for successful opioid taper
- Recognize and gain insight into process around impaired physician



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Continuing Medical Education
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Opioids, Alcohol and Other Drugs in Primary Care: What Can We Do?

Friday, May 12, 2017 • Seattle, Washington

Optional ASAM Buprenorphine Training

Friday, May 13, 2017

For more information on Virginia Mason CME Courses, visit our CME web portal at VirginiaMasonCME.org.



VIRGINIA MASON CONTINUING MEDICAL EDUCATION

Opioids, Alcohol and Other Drugs in Primary Care: What Can We Do?

Friday, May 12, 2017

Virginia Mason • Seattle, Washington

Optional ASAM Buprenorphine Training

Friday, May 13, 2017



Faculty

COURSE DIRECTORS:

Elenore P. Bhatraju, MD, MPH

Adult Primary Care, Department of Internal Medicine
Virginia Mason Federal Way Medical Center, Federal Way, Wash.

Nancy Connolly, MD, MPH

Adult Primary Care, Department of Internal Medicine
Virginia Mason Lynnwood Medical Center, Lynnwood, Wash.

Karina K. Uldall, MD, MPH

Medical Director, Behavioral Health
Virginia Mason Seattle Medical Center, Seattle, Wash.

KEYNOTE SPEAKER:

Phillip Coffin, MD, MIA

Director of Substance Use Research, Center for Public Health Research
San Francisco Department of Public Health, San Francisco, Calif.

FACULTY:

James R. Babington, MD

Medical Co-Director, Comprehensive Spine Program
Neurosciences Institute, Section of Physical Medicine & Rehabilitation
Virginia Mason Medical Center, Seattle, Wash.

Chris Bundy, MD, MPH

Medical Director, Washington Physicians Health Program
Clinical Assistant Professor of Psychiatry
University of Washington School of Medicine, Seattle, Wash.

Molly Carney, PhD, MBA

Executive Director, Evergreen Treatment Services, Seattle, Wash.

Christopher W. Dunn, PhD

Professor, Department of Psychiatry and Behavioral Sciences
University of Washington School of Medicine
Harborview Medical Center, Seattle, Wash.

Brad Finegood, MA, LMHC

Assistant Division Director
Acting RSN Administrator, Prevention and Treatment Coordinator
King County Department of Community and Human Services (DCHS)
Behavioral Health and Recovery Division (BHRD), Seattle, Wash.

Jennifer D. Kelly, PsyD

Section of Physical Medicine & Rehabilitation
Virginia Mason Medical Center, Seattle, Wash.

Joseph Merrill, MD, MPH

Associate Professor, Medicine
University of Washington School of Medicine
Adult Medicine, Harborview Medical Center, Seattle, Wash.

Andrew J. Saxon, MD

Professor, Department of Psychiatry and Behavioral Sciences, University of Washington
Director, Center of Excellence in Substance Abuse Treatment and Education (CESATE)
VA Puget Sound Health Care System
Director, Addiction Psychiatry Residency Program
University of Washington, Seattle, Wash.

Ananth K. Shenoy, MD

General Internal Medicine
Virginia Mason Medical Center, Seattle, Wash.

Judith Tsui, MD, MPH

Associate Professor, Medicine
University of Washington School of Medicine
Division of General Internal Medicine
Harborview Medical Center, Seattle, Wash.

Agenda: Friday, May 12

7:00 a.m. Registration opens, continental breakfast

7:30 a.m. **GRAND ROUNDS PRESENTATION: The Opioid Epidemic: What has been done and what else will we do?** | Phillip Coffin, MD

8:30 a.m. Break

8:45 a.m. **Introduction, Overview of Course Objectives**
Elly Bhatraju, MD; Nancy Connolly, MD and Karina Uldall MD

8:50 a.m. **Panel Discussion: Patient Experience**

9:30 a.m. **Alcohol** | Andrew Saxon, MD

10:15 a.m. **Benzodiazepines** | Karina Uldall, MD

10:45 a.m. Break

11:00 a.m. **Opioids/Buprenorphine** | Judith Tsui, MD

11:45 a.m. **Intersection with Chronic Pain/Non Opioid Approaches**
James Babington, MD and Nancy Connolly, MD

12:30 p.m. Break for box lunch selection and reconvene in auditorium

12:40 p.m. **Lunch Discussion Panel – Local Seattle Updates**
Brad Finegood, MA and Molly Carney, PhD

1:30 p.m. **Marijuana, Spice/K2** | Ananth Shenoy, MD

2:15 p.m. Break – convene in workshop

2:25 p.m. **WORKSHOPS:** Choose one

A. Screening, Brief Intervention and Referral to Treatment (SBIRT) for Patients with Substance Use | Christopher Dunn, PhD

B. Tapering Chronic Opioids in Primary Care | Joseph Merrill, MD; Jennifer Kelly, PsyD and Elly Bhatraju, MD

3:25 p.m. Break – reconvene in auditorium

3:30 p.m. **Physician Monitoring Program** | Chris Bundy, MD

4:15 p.m. **Final Q&A with Faculty**

4:30 p.m. Adjourn

Saturday, May 13


(Optional free training)

8:00 a.m. Course check-in

8:30 a.m. **Live Buprenorphine Waiver Training**

12:45 p.m. Adjourn

To register, complete the form below and send via:

 **MAIL:**
Virginia Mason CME Dept.
1100 9th Ave, D3-CME
Seattle, WA 98101

 **PHONE:** (206) 341-0142

 **FAX:** (206) 341-1480

 **E-MAIL:** cme@virginiamason.org
WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

Registration Opioids, Alcohol and Other Drugs in Primary Care

NAME	DEGREE/CREDENTIALS
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SPECIALTY	
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ORGANIZATION	
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ADDRESS	
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CITY/STATE/ZIP	
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PHONE	E-MAIL

WORKSHOP CHOICE:

- A. Screening, Brief Intervention and Referral to Treatment (SBIRT) for Patients with Substance Use**
- B. Tapering Chronic Opioids in Primary Care**

PAYMENT:

Tuition: \$200.00

- Check enclosed. Make check payable to Virginia Mason CME
- Please charge my: VISA MasterCard American Express Discover

CARD NUMBER	EXPIRATION DATE
<hr/>	
CARDHOLDER NAME	SIGNATURE

Accreditation with Commendation: The Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Credit Designation: The Virginia Mason Medical Center designates this live activity for a maximum of **8.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

Location: The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) Please note the Terry Street entrance into Lindeman Pavilion is Level Two. For information, contact the CME Department at (206) 341-0142 or email cme@virginiamason.org.